LUNDI

	09:00	09:15	09:30	09:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:15	14:30	14:45	15:00	15:15	15:30	15:45	16:00	16:15	16:30	16:45	17:00	17:15	17:30	17:45	18:00	18:15	18:30	18:45	19:00	19:15	19:30	19:45	20:00	20:15	20:30	20:45	21:00	21:15	21:30	21:45	22:00	
BS 1																																			Nat compet enfants gr1 (2/s)(10)				Nat compétition ado adulte P 3 entr 1/3 (12) (3 entrainements / semaine)								Adu P3 gr 1(2 entr/sem) 1/2 (6)									BS 1
BS 2																																			Nat compet enfants gr2 (2/s)(10)																				BS 2
BS 3																																									Apnée Compèt (6)								Adultes P1 gr 1 (6)							BS 3
BS 4																																										Apnée Compèt (6)								Adultes P1 gr 2 (6)							BS 4
BS 5																																																						BS 5
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BS 1																																			Nat compét ado P 2 gr1 - (2 entr / sem) (7)							Ado P 1 gr1 (7)																BS 1
BS 2																																			Nat compét ado P 2 gr2 - (2 entr / sem) (7)							Ado P 2 gr1 (7)																BS 2
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BS 1				Adulte P1/P2 gr1															Nat Art gr1 (12)				Nat Art gr2 (12)						Nat Art gr3 (12)									Nat Art compétition (12)									Ados P3 gr1 Prépa compet(7)								BS 1
BS 2				Adulte P1/P2 gr2																																												Ados P2 gr4 (7)								BS 2
BS 3				Enfants P3 gr1 Enfants P3 gr2																			Enfants P 2 gr1 (10)				Enfants P 2 gr2 (10)				Ado P 2 gr2 (7)				Ado P 2 gr3 (7)																Adulte P2 gr1 (6)							BS 3
BS 4																																																					Adulte P3 gr1 Prépa comp(6)							BS 4
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JEUDI

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BS 1																																					Natation compét ado P 2 gr1 (7) Natation compét ado P 2 gr2 (7)																								BS 1
BS 2																		